Explanation of Diagnosis/Condition
The auriculotemporal nerve is located anterior to (or in front of) the ear. The auriculotemporal nerve can act as a generator of various types of headaches. Auriculotemporal injections are performed to reduce inflammation of the nerve and the pain impulses that the nerve generates.

Injections can be repeated if necessary.

Treatment Option
People with a number of headache conditions, including frontal, hemi-cranial, migraine, and cluster type headaches may benefit from auriculotemporal nerve blocks.

What to Expect with Treatment
Typically, an anesthetic (e.g., Lidocaine) is injected. Please tell your physician if you have had an adverse reaction to this in the past.

The skin and hair of the side of the head are cleaned with an antiseptic solution and then the injection is carried out.

The onset of pain relief related to the anesthetic may be as early as minutes after the procedure. However, the benefit may not be noticed for a few days.

Possible Complications and Instructions
Please let your physician know if you are on a blood thinning medication, if you have any active infection or if your diabetes is poorly controlled. In these cases, the procedure may be postponed.

The risks are generally low. However, as with any injection procedure, risks may include infection, bleeding or pain at the injection site.

Questions
The CORE Institute is dedicated to your outcome. If any questions or concerns arise, please call The CORE Institute at 1.866.974.2673.